



ubcbotanicalgarden  
& centre for plant research  
AT THE UNIVERSITY OF BRITISH COLUMBIA



# Free Gardening with Arthritis Workshop

Have you dreamed of creating your own garden utopia  
but worried that your arthritis would slow you down or  
hurt too much?

If so, **The Arthritis Society** has a workshop for you!

Presented by an occupational therapist, the Gardening with  
Arthritis workshops are designed to educate you about ways  
that you can enjoy this popular leisure activity without putting  
additional stress on your joints.

## VANCOUVER

Tuesday May 27<sup>th</sup>, 2008

6:00pm – 8:00pm

UBC Botanical Gardens

6804 SW Marine Drive (16<sup>th</sup> & SW Marine Drive)

To register call 604.714.5550



\*The Arthritis Society, BC and Yukon Division, acknowledges the financial assistance of the Province of British Columbia to support this program.

**ARTHRITIS**  **FIGHT IT!**

**ASK US HOW**

Arthritis Answers Line: 1.800.321.1433  
Website: [arthritis.ca/bc](http://arthritis.ca/bc)